

Module Code:	PSY409
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Module Title:	Essential Psychology
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Level:	4	Credit Value:	20
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Cost Centre(s):	GAPS	<u>JACS3</u> code:	C800
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School:	Social & Life Sciences	Module Leader:	Dr Amy Curtis
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Scheduled learning and teaching hours	36 hrs
Guided independent study	164 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
BSc (Hons) Psychology	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Pre-requisites
None.

Office use only

Initial approval: 08/03/2018

Version no: 1

With effect from: 23/09/2019

Date and details of revision: August 2020 updated module leader

Version no: 2

Module Aims

To enable the students to provide an outline of traditional and contemporary psychology theories through the examination of its historical development and key theoretical perspectives.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

		Key Skills	
1	Discuss and illustrate the nature of selected key theories and research in relation to social psychology, biological psychology and individual differences	KS1	KS5
		KS3	
		KS4	
2	Identify key theories and research in psychology in relation to selected issues and debates and in relation to research methodology and statistics	KS3	
		KS5	

Transferable skills and other attributes

Communication skills.
Understanding the strengths and weaknesses of an argument.
Study, writing, IT skills

Derogations

None.

Assessment:

Indicative Assessment Tasks:

1. Essay on a specified topic e.g. comparison of predominant research approaches amongst the different disciplines of psychology.
2. Unseen multiple choice exam.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1	Essay	50	N/A	1,500
2	1, 2	Multiple Choice Questions	50	2 hours	N/A

Learning and Teaching Strategies:

The module is delivered using a mixture of lectures, seminars and practical/workshop sessions including teaching or guided learning to support the lecture content. There will be a focus on the original source material within each core area which will include a combination of classic and contemporary research studies using a variety of research methods.

Syllabus outline:

- Scientific nature of psychology including bias.
- Introduction to biological psychology.
- Introduction to social psychology
- Introduction to individual differences.

Indicative Bibliography:**Essential reading**

Davey, G., Sterling, C., & Field, A. (2008). *Complete psychology* (2nd ed.). Abingdon: Hodder Education.

Gross, R. (2015). *Psychology: The science of mind and behaviour* (7th ed.). Abingdon: Hodder Education.

Other indicative reading

Martin, G.N., Carlson, N.R., & Buskist, W. (2013). *Psychology* (5th ed.). Harlow: Pearson.

Hock, R., (2012). *Forth studies that changed psychology* (7th edition). Pearson: Cambridge.

Richards, G. (2009). *Putting psychology in its place: A critical historical overview* (3rd ed.).
New York: Routledge.

Journals

Annual Review of Psychology

British Journal of Psychology

Psychology Bulletin

The Psychologists